

I didn't pay my health insurance premium.  
What now?

Negotiate a payment plan with your health insurance provider

# That's how you negotiate a payment plan!

1



## Get in touch.

You can call your health insurance provider, or go to their website and log in using your DigiD.

Request an overview of your debt. Your debt may consist of:

- healthcare premium
- deductible
- personal contribution

2



## Make a list of your monthly income and expenses.

How much is left over once you've paid the bills?

3



## Determine how much you're able to pay.

Negotiate a monthly payment towards your debt with your health insurance provider. Keep in mind you will be paying your health insurance premium plus the negotiated amount every month.

## Are you struggling to make ends meet each month?

Contact your local council if your expenses exceed your monthly income or you are unable to pay fixed monthly costs such as rent, health insurance premiums, and utilities.

Questions?

Call us free on 0800 64 64 644 (+31 88 900 69 60 from abroad) or visit [www.zorgverzekeringlijn.nl](http://www.zorgverzekeringlijn.nl).